



Sagkeeng Health Centre

Director Report

Ken Courchene

April 2015

Opening Remarks

I am pleased to present the Sagkeeng Health Centre programs, along with the staff and upcoming events. We currently have 14 programs, which are funded through Health Canada and have a total of roughly 50 staff.

The Health Centre has recently gone through the Accreditation process, with great pride, I am happy to report that we have successfully passed and are now an Accredited Health Centre. I would like to acknowledge the hard work and teamwork the staff has done, without the dedication we would have not been able to accomplish this.

We have currently resigned a new 5-year flexible agreement for the programs and administration listed below.

Administration Staff:

Jessica Sinclair – Administration Assistant
Sheryl Lori Courchene – Administration Assistant
Adam Sanderson – Human Resources
Josh LaForte – Special Projects Coordinator
Dora Guimond – Finance
Lillian Courchene - Finance

Dan Courchene – Operation & Maintenances
Corrine Bruyere – Custodian

Nursing Program:

Staff: Friederike Ballantyne, NP, Nurse in Charge
Lori Chartier – Courchene, NP
Pam Schacht, RN
Connie Kuzdak, RN

Overall focus is on prevention, healthy living and protection from injury or harm, listed below are some of the programs components:

- Preconception, prenatal, postnatal and newborn health: home visits and clinics for screening, assessment, monitoring, counseling, case management, referral liaison and advocacy
- Infant, toddler and preschool health: Well child clinics, immunizations, home visiting and family/group/ community education
- School age health: Regular school visits for immunizations, screening, assessment, health education, counseling and referrals)
- Adolescent health: immunizations and sexual health education
- Adult and older adult health: well woman and man clinics, home visits, home visits and health education

- Living well with chronic disease: home visits and clinics for screening, health assessment, monitoring, counseling, referrals, advocacy and liaison
- Communicable disease control: Preventing diseases through vaccination, surveillance and reporting of communicable diseases, education about vaccinations and hygiene to prevent diseases, tuberculosis monitoring and control, management of sexually transmitted infections

CHR Program:

Staff: Elaine Guimond, CHR
Darlene Hope, CHR

The main role of the CHR's are to support the Nursing program of their activities listed above.

*** CHR program is currently under review, restructuring of the program will clearly define the roles and responsibilities. ***

Water Quality:

Staff: Earl Twoheart

The program samples and tests the drinking water for potential bacteriological contamination as a final check on the overall safety of the drinking water at tap.

Diabetes Program & CPNP:

Staff: Erin Courchene

Diabetes Program (ADI):

The program has four key components:

- Health promotion and primary prevention;
- Screening and treatment
- Capacity building and training
- Research, surveillance, evaluation and monitoring.

CPNP: (Canadian Prenatal Nutrition Program)

The CPNP aims to:

- Improve the health of mothers and infants,
- Reduce the incidence of unhealthy birth weights, and
- Promote and support breastfeeding

CPNP helps support the needs of pregnant women facing challenges that put their health and the health of their infants at risk.

MCH Program: (Maternal Child Health Program)

Staff: Jodie Sanderson, Program Manager
Irene LaForte, Home visitor
Kirsten Schacht, Home visitor
Crystal Courchene, Home visitor

This program includes home visiting by Nurses and Family Visitors as well as coordinating access to services for children with special needs.

It provides support, information and linkages to other services for pregnant women and families with infants and young children allowing them to care for themselves.

The MCH program builds on other community programs, which are important to pregnant women and families with infants and young children such as the Canada Prenatal Nutrition Program (CPNP), Nursing Services, Oral Health and the Aboriginal Head Start on Reserve (AHSOR) program.

Head Start Program: (AHSOR)

Staff: Jennifer Smith, Program Manager

Brenda Bell

Jan Fontaine

Marlene LaForte

Brian Smith (driver - Temporary) – position will be posted in the summer for competition.

The Aboriginal Head Start Program has activities that support early intervention strategies to address the learning and developmental needs of young children.

AHSOR Programming is centered on six components: education; health promotion; culture and language; nutrition; social support; and parental/family involvement.

Children in the Aboriginal Head Start Program gain opportunities to develop self-confidence, a greater desire for learning, and an excellent start in their journey towards becoming successful people.

Home Care Program:

Staff: Debbie Stuck, Nurse

Evelyn Gudmundson, LPN

Maurice Courchene, Home support Coordinator

Tania Twoheart, Health Care Aide

Sheila Twoheart, Health Care Aide

Anita LaForte, Health Care Aide

Joe Courchene, In home care client yards maintenance worker (home maker program)

Vacant, Health Care Aide – position was posted.

Sagkeeng Home Care program provides comprehensive home and community care services that respect traditional, holistic and contemporary approaches to healing and wellness.

These services assist people who have chronic and acute illnesses receive the care they need in their home or community. Care provided in these familiar settings allows community members to be close to their loved ones as long as possible and to keep their independence.

Home and community care may include nursing care, personal care such as bathing and foot care, home support such as meal preparation, and in-home respite care, that is, caring for someone while family members have a rest.

Wellness Centre Programs

Senior Manager: Shirley LaForte

Brighter Futures Program:

**Staff: Darian Courchene, Brighter Futures
Tamara Guimond, Brighter Futures**

Providing activities that are intended to support the well being of children, individuals and families, the activities focus are on:

- Community mental health;
- Child development;
- Injury prevention;
- Parenting skills;
- Healthy babies.

Building Healthy Communities Program:

**Staff: Harold Fontaine - BHC
Alvin Morrisseau - BHC
Linda Dorie – BHC**

Providing programming resources to address critical gaps with respect to mental health and solvent abuse. Building Healthy Communities program covers the areas of:

- Mental health crisis management services;
- Solvent abuse prevention

Majority of the work is responding to incoming calls in regarding Crisis response and follow up from Mental Health Therapists. Conducting workshops within the schools on Teen Talk, Healthy Relationships, etc.

NNADAP:

**Staff: Gabe Bruyere, NNADAP worker
Linda Fontaine, NNADAP worker**

The program's goal has been to help set up and operate programs aimed at reducing high levels of alcohol, drug, and solvent abuse among on-reserve populations.

Youth Suicide Prevention Program:

Staff: Justin Courchene, Youth Suicide Prevention Worker

The Program is based on four elements of prevention (primary, secondary and tertiary prevention) to help

ensure individual, family, and community mental health.

Primary Prevention

Helps to increase awareness and understanding of suicide prevention through mental health promotion, strengthening protective factors, and reducing risk factors. Mental health promotion activities are intended to enhance positive mental health throughout the lifespan and in a range of settings, including the home, school, workplace and community

Secondary Prevention

Secondary prevention or early intervention aims to help with potentially suicidal individuals either before they injure themselves or during a suicidal crisis. (Suicide Intervention training, safe talk, etc.)

Tertiary Prevention

Tertiary activities aim to improve and increase crisis response efforts to intervene more effectively in preventing suicide and suicide clusters following a crisis. (Current team consists of staff in the Wellness Programs)

Indian Residential School Resolution Health Support Program

Staff: Dave Henderson – Support Worker
Dylan Courchene – Cultural Support Worker
Paul Daniels – Cultural Support Worker
Erin Bruyere – Reception

Objective: To ensure that eligible former students of Indian Residential schools and their families have access to an appropriate level of mental health, emotional and cultural support services so that they may safely address a broad spectrum of mental wellness issues related to their experience of Indian Residential Schools.

Medical Transportation (NIHB):

Staff: Dena Henderson, Program Manager
Yvonne Abraham, Administration Assistant
Lily Jonski, Driver
Wyatt Bunn, Driver
Brian Fontaine, Driver
Walter Abraham, Driver
Ken Fontaine, Driver

Casual drivers: Peter Bunn, Rhoda Stucky, Sonia Bunn, Rob Bruyere.

The Non-Insured Health Benefit (NIHB) Program may provide assistance so you can access eligible, medically necessary health services that cannot be obtained in the community of residence.

This may include assistance with meals and accommodation expenses.

Access to medical transportation benefits requires approval in advance **by the Health Canada for Accommodations expenses.**

Medical Transportation benefits may be provided to help you to access the following types of services:

- Insured medical services (e.g. doctors' appointments, hospital care, health programs provided to all provincial residents);
- Eligible Non-Insured Health Benefits approved by the NIHB Program; and
- Alcohol, solvent, drug abuse and detox treatment pre-approved by the NIHB Program.

Fort Alexander Clinic

“Old Health Centre” the services within this building with the exception of the Medical Transportation program are private practices. The role of the Sagkeeng Health Centre is landlord and tenant. Currently the tenants are as follows:

Dr. Lambretchs (Family Doctor)

Dr. Grant (Dentist) – renegotiating rent

Dr. Elkhemri (Family Doctor) – leaving April 30

Pharmacy – gave notice to vacate end of June.

Staff: Wilma Fontaine - Dr. assistant
Dawn Blatz - Dr. assistant
Jennifer Courchene – assistant
Norrie Bruyere – Maintenance/Custodian

For further information on the programming of the Health Centre, please feel free to contact us or to drop in for a visit. We value and welcome any comments and suggestions you may have. In closing, I'm including an update on past events and also with upcoming events.

Contact Info:

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Past events:

- Mothers day Tea
- Father's day BBQ
- Kids Summer Day Camp in Community
- Boy Camping & Girls Camp Trip– Whiteshell
- Girls Club & Boys Club
- Regalia Classes
- Anger Management Group Sessions
- School workshop (Teen talk, not your fault & healthy relationships)
- ASIST training – open to community
- CPR training
- Winter Carnival
- Breakfast with Santa
- Prenatal Classes

- Nutrition & Diabetes Bingo
- Baby Fair

OTHER FUNDED PROGRAMS

Family Violence Prevention

Communities that Care

Circle of Care

**** Please note, Health Centre has Facebook page, scheduled events will be posted, also all events will be announced on Wolf FM and posted on bulletin boards throughout the community ****