



# Sagkeeng Anicinabe

## IMMEDIATE NOTICE

**SAGKEENG FIRST NATION September 14, 2020** – On the evening of September 14, 2020, Sagkeeng leadership was notified that a member of our community tested positive for COVID-19. Our Health Centre is working with the individual to complete a case investigation and will be in touch with people who have been in close contact. Anyone who has been in close contact with the individual will be contacted by the Health Centre and will be asked to isolate in order to limit any potential spread of the virus to other community members. The individual who tested positive is in isolation and his health will be monitored by public health officials.

It was inevitable that we would see cases in First Nation communities. Our goal is to quickly contain the spread of COVID-19 and limit it to small numbers of cases or clusters. We want to prevent widespread community transmission and avoid outbreaks in settings like health care facilities and schools. We remind everyone that we need to continue to be vigilant about following effective public health measures to reduce and slow the spread of COVID-19. At this time, we encourage the following actions:

- Be cautious with and if possible, delay travel to/from regions of the province designated as Orange (Restricted) or Red (Critical) risk levels.
- If you have family who live in other communities/areas from you, consider ways to connect that are lower risk for spreading COVID-19.
- Only travel to visit in vehicles with people who live in your household.
- Limit visit outside as much as possible.
- Avoid sharing food/serving dishes/utensils/condiments.
- If you are visiting older relatives, consider limiting your visiting with others or attendance at large gatherings.
- Practice physical distancing measures and stay 2m/6ft away from people who are outside of your household.
- Frequently wash your hands with soap and water for 20 seconds or use hand sanitizer.
- Regularly clean commonly touched surfaces such as door handles and countertops.
- Wear non-medical masks when you are in places where physical distancing cannot be maintained (e.g. crowded stores or when using public/community transportation services).
- Follow gathering size orders.
- Consider postponing any large gatherings or reducing the numbers who attend in person.
- Stay home and self-isolate if you have any new symptoms that could be from COVID-19, no matter how mild the symptoms are.



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- Prepare for testing if your symptoms last for more than 24 hours.

Schools are at level 3 and we will be providing further updates.

We will be putting up our checkpoints and only 262 Sagkeeng members will be permitted in the community.

All offices are closed and staff will be working from home.

Sagkeeng Superstore hours will be from 8:00 am to 8:00 pm. Elder's shopping hours 8:00 am to 10:00 am. General Public hours 10:00 am to 8:00 pm. Only 10 people in the store at one time.

We also ask members to refrain from posting concerns or reporting individuals on Social Media, as it can lead to panic and stress. Sagkeeng Health Centre will work closely with individuals to ensure the safety of our community. Please refer to the Sagkeeng First Nation website, social media pages for official information regarding COVID-19. Sagkeeng First Nation has been preparing for such a situation and all procedures and protocols are being followed to ensure the safety of the community.

If you have travelled outside of Manitoba, experience fever, cough, shortness of breath or have symptoms of a respiratory illness (regardless of travel), even if mild, stay home and contact Sagkeeng Health Services, 204-367-9990.

Stay vigilant, stay safe, stay strong and be respectful; we as a community will get through this together.

Listen to Wolf FM for updates.

Sagkeeng Chief and Council