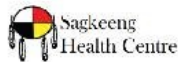


SAGKEENG COVID-19 DAILY UPDATE

2019-nCoV

AS OF 12:00pm FEB 19, 2021



SAGKEENG HEALTH CENTRE:
204-367-9990
10:00AM – 3:00PM

HEALTH LINKS (24/7):
1-888-315-9257

SAGKEENG MENTAL HEALTH HOTLINE:
(204) 340-1992
Monday–Friday 9:00am – 9:00pm

FIRST NATIONS AND INUIT HOPE FOR WELLNESS HELP LINE:
1-855-242-3310

KLINIC CRISIS LINE (24/7)
1-888-292-7565

MOBILE CRISIS UNIT (24/7)
1-866-427-8628
For after-hours crisis response

SAGKEENG COVID EMAIL:
covid@sagkeeng.ca

To protect confidentiality, only Sagkeeng public health nurses have access to this email.

UPDATE

One new case has been identified. All close contacts have been identified and will be isolating outside of the community.

We also want to advise Sagkeeng members that some of our neighboring communities currently have an increased number of active COVID-19 cases. Please send your prayers and positive thoughts to our neighbors, and also make sure you are following the protocols listed below to lower the risk of transmission to your household.

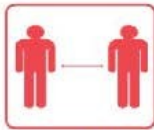
PREVENTION



WASH YOUR HANDS WITH SOAP AND WATER



USE HAND SANITIZER WHEN OUT IN PUBLIC



KEEP TWO METRES DISTANCE



WEAR A FACEMASK



STAY HOME IF YOU FEEL SICK



USE TISSUE WHEN YOU COUGH / SNEEZE



DO NOT TOUCH EYES WITH UNWASHED HANDS



NO VISITING WITH PEOPLE OUTSIDE HOUSEHOLD